

*Aerial Ranch Retreat*  
*April 16-21, 2019*  
*Graham, TX*

*INFORMATION*

Thanks for your interest in the April 2020 Aerial Ranch Retreat! I was inspired to host this retreat for the first time back in 2014, because I wanted the opportunity to share with other aerialists the natural beauty of the ranch and the creative freedom that it inspires in me. This will be the 7th Aerial Ranch Retreat! The ranch home and adjacent barn are part of the Wildcatter Ranch resort, but this April 16-21, they are ours!

The barn is cavernous, with +25' beams in the center of the barn, capable of comfortably rigging up to 9 apparatuses, and a lower ~17' side of the barn, able to rig up to another 8 pieces of equipment. The barn doors open up on 3 sides, so there is lots of natural light and breeze coming through the space. Additionally, there is a guest apartment in the barn, where some of us will stay. The ranch home is very spacious, with 4 bedrooms, 6 bathrooms, a movie room, large kitchen, outdoor grill, and pool and hot tub. The back side of the house faces west and looks out above a bend in the Brazos River - the view is really spectacular and the sunsets are sure to dazzle before the stars come out! Check out photos of the "The Estate" ranch home on the Wildcatter Ranch website [WildcatterRanch.com/gallery-1](http://WildcatterRanch.com/gallery-1).

The Aerial Ranch Retreat is geared towards intermediate/advanced level aerialists who want to explore creativity within their choreography and take the tricks that they know to a new level of expression. Most people who participate enjoy Silks, Rope or Hammock as their primary apparatus.

The curriculum will center around afternoon choreography workshops, meant to help you think and move in new and unexplored ways. You will have plenty of group open training time with your peers and with me each morning (and during other times of day/night, if you'd like!), where you can take your new toolbox of ideas and run with it! We will have periodic times of sharing material we are working on with the group, in order to gain artistic feedback and show how awesomely creative we all are. We can learn so much from each other! Additionally, we will have a short technique workshop each afternoon after the choreography workshop. Technique workshops are based on participant requests from our group: previous offerings have included windmills/wheel-

downs, variations and technique in beats/momentum, handstands, roll-ups, and belay loop variations, to name a few.

If you are interested in taking a private or duo technique lesson with me during the retreat, we can arrange a time for your lesson for a separate fee. Privates are \$75/hr and shared privates are \$80/hr.

In order to keep the cost of this retreat as low as possible, standard accommodations will be a bed or large-sized air mattress in the ranch house or barn apartment. Depending on the number of participants, it is possible that you may need to either share a large sized bed with someone on the retreat who you are friends with, or sleep on an air mattress (we have a few).

If you want more privacy, you can also upgrade to a room at the Wildcatter Ranch Hotel for \$129-\$189/night + tax, which you can have solo or share with someone. If you choose this option, it will be best for you to have a car, so you can drive yourself the 1mi back and forth from the hotel to the barn.

There are also lots of activities available through Wildcatter Ranch, such as horseback riding, skeet shooting, and tomahawk throwing that may be booked separately. I'll be happy to help organize group outings for folks interested in these activities! Group tomahawk throwing has been a hit in the past! For more information on activities, please check out [WildcatterRanch.com](http://WildcatterRanch.com)

In order to provide the healthiest and most affordable food options (in a land where bread is a vegetable and fried is a food group), we will be preparing lunch and dinner at the ranch house in a communal way. I will prepare menus for each meal and shop for everything before your arrival. Then, during orientation, we will each sign up for a few work shifts of cooking/cleaning/dishes spread out throughout the retreat. This setup has worked out great at the previous retreats, and everyone was very pleased with the quality of food we shared, and the time we shared preparing meals enabled us to get to know each other better! Vegetarians, non-vegetarians, and gluten-free folk are welcome!

If you will be flying into the retreat, you are responsible for your own airfare and transportation to and from the Wildcatter Ranch. You will not need a car during your stay at the retreat, although I will have one and the folks coming from other parts of TX will too. Graham, TX is about 2 hours from DFW airport . If you would like to rent a car at the airport to come out to Graham, and I will be happy to put participants in touch with each other to coordinate flight times and shared rental cars. There is also an option for

a shuttle to/from DFW Airport to the ranch, which costs \$115 each way for the first person, and \$25 for each additional person up to 5 total. Please let me know if you would like to reserve a spot on the airport shuttle.

In order to best facilitate shared rides to and from the ranch, I recommend that participants book flights that ARRIVE between 1-5pm on Thursday, April 16th and DEPART between 1-5pm on Tuesday, April 21st. Also, please let me double-check your flight itinerary before you book it.

### *PRICING*

\$675 Early Registration (Registration form & deposit received before February 1st)  
or  
\$725 After February 1st (All remaining spaces)

**Included:** All aerial activities, group food, lodging, one dinner at Wildcatter Ranch Steakhouse.

**Not Included:** Airfare, transportation to/from DFW/ranch.

A non-refundable deposit of \$300 is required to hold your space, and can be paid by check to "Banyan Aerial" or Venmo to Jordann-Skipper. The balance is due on or before the beginning of the retreat.

Please let me know if you have any questions! I can be reached by email or by phone at 347-860-2323. If you are registering for the retreat, please fill out and return the Participant Information form and return to me with your deposit.

I look forward to flying with you!

## *ITINERARY*

### **Thursday, April 16th:**

Please arrive at the ranch house (on Wildcatter Ranch property) between 5:00-7:00pm.

7:30pm Group dinner at ranch house

8:30pm Orientation and finish rigging all equipment in the barn

### **Fri/Sat/Sun/Mon April 17-20th:**

Breakfast on your own - basic grocery items are stocked and available.

10:00am-12:00 Open Training

1:00-2:00pm Lunch

2:00-4:00pm Free time

4:00-6:30pm Afternoon Session. Warm-up, Choreography Workshop, Open Training.

~7:30pm Sunset viewing

7:30-8:30pm Dinner (One night will be dinner out at the **Wildcatter Ranch Steakhouse!** )

\*\*Friday morning we will load in mats before Open Training and Monday evening we will de-rig in the early evening before dinner.

### **Tuesday, April 21st:**

Breakfast on your own at the house, participants depart by 11am.

### **What to Bring?**

- Aerial training clothes (TX weather can fluctuate a lot! Bring layers/options.)
- One casual-cute outfit for Steakhouse group dinner.
- Swimsuit
- Sunblock/Hat
- Training Notebook/Personal Journal/Sketchbook
- Inspirational music
- Body tools (foam roller, massage balls, thera-bands)
- Additional personal food/snacks, such as protein bars
- Aerial Apparatus** (We will touch base about this ahead of time. I will have some of you bring equipment and accompanying hardware to share, in addition to the equipment that I will bring with me from Los Angeles.)